

**2019 Medley Relay Challenge - 4/12/2019**  
**Niskayuna HS**

**Meet - Records**

1	Girls 800 Sprint Medley	1:50.88	4/12/2019	Niskayuna - Niskayuna K West, L Matthews, K Koes, M Wise
2	Boys 800 Sprint Medley	1:36.51	4/12/2019	Colonie - Colonie J Kemp, S Young, F DeSilva, M Hermance
3	Girls 1600 Sprint Medley	4:18.87	4/20/2018	Niskayuna - Niskayuna Z Harris, A Smith, K Koes, A Kokernak
4	Boys 1600 Sprint Medley	3:37.32	4/15/2016	Schenectady - Schenectady S McNeil, M Ahmed, T Dickson, K Cochrane
7	Girls Distance Medley	12:41.72	4/12/2019	Niskayuna - Niskayuna C Kokernak, A Smith, S Smith, M Hesler
8	Boys Distance Medley	10:36.90	4/21/2017	Kingston - Kingston R Becker, W Cunningham, J Hines, L Lopez
11	Girls 1000 Sprint Medley Swedish Rela	2:21.55	4/12/2019	Niskayuna - Niskayuna K West, L Matthews, K Koes, M Wise
12	Boys 1000 Sprint Medley Swedish Rela	2:01.11	4/15/2016	Christ the King - Christ the K A Sanabria, T Jones, R Pringle, D Coleman
13	Girls 3x100 Meter Shuttle Hurdle	52.49	4/17/2015	Ballston Spa - Ballston Spa
14	Boys 3x110 Meter Shuttle Hurdle	47.31	4/12/2019	Colonie - Colonie C Hubbard, C McCauslin, J Kemp