

*ANNOUNCING THE 13<sup>TH</sup> ANNUAL  
WARRIOR TRACK CLASSIC*  
SATURDAY, APRIL 18<sup>TH</sup> , 2020 AT 9:15 AM  
SCHENECTADY HIGH SCHOOL  
[HTTP://WWW.NISKYTRACK.ORG](http://www.niskytrack.org)

You and your team are cordially invited to the Thirteenth Annual Warrior Track Classic Invitational. This co-ed meet will have plenty of competition to give you and your team a good idea of the early season form of your athletes. Teams from all across the Northeast are receiving invitations to this meet. We will be accepting the first 20-25 squads who express interest.

DATE: April 18, 2020

TIME: 9:15 AM

WHERE: \*\*Schenectady High School\*\*

Athletes: This is a co-ed meet.

Facility: The track is an 8 lane all-weather facility. Bathroom facilities are available at the track. Blocks will be provided. Please use ¼" spikes or less. We hope to have a trainer on site. There will be a concession stand available for your athletes. T-Shirts will be on sale for \$20.

Format: Each school is allowed 3 entries per event and one relay.

Entries: We will be using Hy-Tek Meet Manager and results will be posted on line at the conclusion of the meet. ***All entries must be input into a MileSplit account by Thursday, April 16<sup>th</sup>.*** We will also be using FAT. Make sure your athletes stay away from the finish area to avoid interference with the timing system. Scratches ONLY may be made up until 8:30 AM the day of the meet.

Rules: National Federation rules will be applied. The New York State jewelry rule will also be in effect.

Scoring: 10-8-6-5-4-3-2-1 in both individual events and relays.

Awards: Top 8 in each event will receive custom medals. Team trophies to the top 3 boys and girls teams.

Fees: \$140 for a single gender school, \$200 for co-ed teams. Single entries are accepted at \$12 each. **If you entered relays for the Medley Relay Challenge on April 12, 2019 the total fee will be \$170 for a single gender squad or \$250 for a co-ed team.** The fee should be made payable to **Niskayuna High School Booster Club** and sent to:

Niskayuna High School  
c/o Jason DeRocco  
1626 Balltown Road  
Niskayuna, NY 12309

Officials: We hope to have 10 certified officials for this meet.

Any questions??? You may call Jason DeRocco at 518-423-7511 or email to [jderocco@niskyschools.org](mailto:jderocco@niskyschools.org).

Meet Website: <http://www.niskytrack.org>

**ORDER OF EVENTS**  
**SATURDAY, APRIL 18, 2020**

FIELD EVENTS BEGIN AT 9:15 am

ALL EVENTS ARE FLIGHTED WITH 3 JUMPS OR THROWS

The top 7 in each event will advance to the finals and receive 3 more attempts.

TIMES ARE APPROXIMATE AND WILL BE MOVED UP AS MUCH AS POSSIBLE.

9:15 am

GIRLS TRIPLE JUMP

BOYS LONG JUMP

GIRLS SHOT PUT

BOYS DISCUS

BOYS HIGH JUMP (STARTING HEIGHT 5' 0" INCREMENTS OF 3" UNTIL 5' 6"  
THEN UP BY 2")

GIRLS POLE VAULT (STARTING HEIGHT 6' 6" INCREMENTS OF 6")

The following events will be begin as soon as possible after the above events have been concluded:

GIRLS LONG JUMP

BOYS TRIPLE JUMP

GIRLS DISCUS

BOYS SHOT PUT

GIRLS HIGH JUMP (STARTING HEIGHT 4' 0" INCREMENTS OF 3" UNTIL 4' 6"  
THEN UP BY 2")

BOYS POLE VAULT (STARTING HEIGHT 9' 0" INCREMENTS OF 6")

**TRACK EVENTS BEGIN AT 9:30 am (EVENTS NOT NECESSARY WILL BE SCRATCHED). TIMES ARE APPROXIMATE, MEET WILL MOVE AHEAD OF SCHEDULE WHEREVER POSSIBLE.**

**PRELIMINARIES**

**9:30 am: BOYS 110 METER HURDLE SEMI-FINALS  
GIRLS 100 METER HURDLE SEMI-FINALS  
GIRLS UNSEEDDED 3000 METERS  
BOYS UNSEEDDED 3000 METERS  
GIRLS 100 METER DASH SEMI-FINALS  
BOYS 100 METER DASH SEMI-FINALS  
GIRLS UNSEEDDED 1500 METERS (sections)  
BOYS UNSEEDDED 1500 METERS (sections)  
GIRLS 200 METER DASH SEMI-FINALS  
BOYS 200 METER DASH SEMI-FINALS**

**FINALS AND NATIONAL ANTHEM**

**ALL SECTIONS WILL BE RUN SLOW TO FAST**

<b>GIRLS 4 X 800 RELAY (sections)</b>	<b>BOYS 4 X 800 RELAY (sections)</b>
<b>GIRLS 100 M HH FINALS</b>	<b>BOYS 110 M HH FINALS</b>
<b>GIRLS 100 M DASH FINALS</b>	<b>BOYS 100 M DASH FINALS</b>
<b>GIRLS SEEDED 1500 M RUN</b>	<b>BOYS SEEDED 1500 M RUN</b>
<b>GIRLS 4 X 100 RELAY (sections)</b>	<b>BOYS 4 X 100 RELAY (sections)</b>
<b>GIRLS 400 M DASH (TIMED FINAL)</b>	<b>BOYS 400 M DASH (TIMED FINAL)</b>
<b>GIRLS 400 M IH (TIMED FINAL)</b>	<b>BOYS 400 M IH (TIMED FINAL)</b>
<b>GIRLS 800 M RUN (sections)</b>	<b>BOYS 800 M RUN (sections)</b>
<b>GIRLS 200 M DASH FINALS</b>	<b>BOYS 200 M DASH FINALS</b>
<b>GIRLS SEEDED 3000 M RUN</b>	<b>BOYS SEEDED 3000 M RUN</b>
<b>GIRLS 4 X 400 RELAY (sections)</b>	<b>BOYS 4 X 400 RELAY (sections)</b>

**Warrior Track and Field Classic  
Boys Meet Records**

<b>EVENT</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>MARK</b>	<b>DATE</b>
<b>100 Meters</b>	<b>Michael Hermance</b>	<b>Colonie</b>	<b>10.82</b>	<b>4/13/2019</b>
<b>200 Meters</b>	<b>Jessie Parson</b>	<b>New Rochelle</b>	<b>22.13</b>	<b>4/13/2019</b>
<b>400 Meters</b>	<b>Izaiah Brown</b>	<b>Amsterdam</b>	<b>49.02</b>	<b>4/20/2013</b>
<b>800 Meters</b>	<b>Dan Wolfhanger</b>	<b>New Hartford</b>	<b>1:58.3h</b>	<b>4/19/2008</b>
<b>1500 Meters</b>	<b>Maazin Ahmed</b>	<b>Schenectady</b>	<b>4:02.70</b>	<b>4/22/2017</b>
<b>3000 Meters</b>	<b>Tyler Berg</b>	<b>Burnt Hills</b>	<b>8:46.90</b>	<b>4/13/2019</b>
<b>110 Hurdles</b>	<b>Jessie Parson</b>	<b>New Rochelle</b>	<b>14.27</b>	<b>4/13/2019</b>
<b>400 Hurdles</b>	<b>Shane Wagner</b>	<b>Schuylerville</b>	<b>55.8h</b>	<b>4/18/2009</b>
<b>400 Relay</b>	<b>Hubbard, Kemp Hermance, Young</b>	<b>Colonie</b>	<b>42.98</b>	<b>4/13/2019</b>
<b>1600 Relay</b>	<b>Tindale, Soldevere Igweike, Nieves</b>	<b>Guilderland</b>	<b>3:26.57</b>	<b>4/13/2019</b>
<b>3200 Relay</b>	<b>Becker, Hines Lopez, Trowbridge</b>	<b>Kingston</b>	<b>8:09.37</b>	<b>4/16/2016</b>
<b>High Jump</b>	<b>Keilan McMillan-Moss Elijah Harris</b>	<b>Schenectady Mohonasen</b>	<b>6' 4"</b>	<b>4/21/2012 4/13/2019</b>
<b>Pole Vault</b>	<b>Nick Gerardi</b>	<b>Queensbury</b>	<b>14' 9"</b>	<b>4/18/2009</b>
<b>Long Jump</b>	<b>Kevon Boucaud</b>	<b>Amsterdam</b>	<b>22' 0.5"</b>	<b>4/22/2017</b>
<b>Triple Jump</b>	<b>Omahri Sturdivant</b>	<b>Amsterdam</b>	<b>46' 2.5"</b>	<b>4/16/2016</b>
<b>Shot Put</b>	<b>Jeff Derwin</b>	<b>Broadalbin-Perth</b>	<b>60' 8.75"</b>	<b>4/22/2017</b>
<b>Discus</b>	<b>Rudy Winkler</b>	<b>Averill Park</b>	<b>173' 0"</b>	<b>4/16/2011</b>

**Warrior Track and Field Classic  
Girls Meet Records**

<b>EVENT</b>	<b>NAME</b>	<b>SCHOOL</b>	<b>MARK</b>	<b>DATE</b>
<b>100 Meters</b>	<b>Ramona Genus</b>	<b>New Rochelle</b>	<b>12.24</b>	<b>4/13/2019</b>
<b>200 Meters</b>	<b>Ihiechi Ohia-Enyia</b>	<b>Saunders</b>	<b>25.2h</b>	<b>4/19/2008</b>
<b>400 Meters</b>	<b>Lauren Santiago</b>	<b>Amsterdam</b>	<b>57.41</b>	<b>4/13/2019</b>
<b>800 Meters</b>	<b>Jada Dennis</b>	<b>Shenendehowa</b>	<b>2:16.66</b>	<b>4/13/2019</b>
<b>1500 Meters</b>	<b>Julia Flower</b>	<b>Schalmont</b>	<b>4:33.51</b>	<b>4/16/2016</b>
<b>3000 Meters</b>	<b>Julia Flower</b>	<b>Schalmont</b>	<b>10:08.69</b>	<b>4/18/2015</b>
<b>100 Hurdles</b>	<b>Gabby Stanavich</b>	<b>Amsterdam</b>	<b>14.85</b>	<b>4/21/2018</b>
<b>400 Hurdles</b>	<b>Marissa Wise</b>	<b>Niskayuna</b>	<b>66.33</b>	<b>4/13/2019</b>
<b>400 Relay</b>	<b>Doriski, Wise Koes, West</b>	<b>Niskayuna</b>	<b>49.57</b>	<b>4/13/2019</b>
<b>1600 Relay</b>	<b>Santana, Stanavich Lazarou, Santiago</b>	<b>Amsterdam</b>	<b>4:04.43</b>	<b>4/21/2018</b>
<b>3200 Relay</b>	<b>Cummings, Mahoney Smith, Vetter</b>	<b>Saratoga</b>	<b>9:35.27</b>	<b>4/12/2014</b>
<b>High Jump</b>	<b>Sarah Palmer</b>	<b>Schuylerville</b>	<b>5' 6"</b>	<b>4/18/2009</b>
<b>Pole Vault</b>	<b>Alana Carroll</b>	<b>Averill Park</b>	<b>11' 6"</b>	<b>4/22/2017</b>
<b>Long Jump</b>	<b>Alexandra Tudor</b>	<b>Shenendehowa</b>	<b>18' 2.75"</b>	<b>4/21/2018</b>
<b>Triple Jump</b>	<b>Cora Butler</b>	<b>New Paltz</b>	<b>36' 7"</b>	<b>4/20/2013</b>
<b>Shot Put</b>	<b>Valarie Hinds</b>	<b>Kingston</b>	<b>40' 6.5"</b>	<b>4/18/2015</b>
<b>Discus</b>	<b>Caysie Capano</b>	<b>Troy</b>	<b>130' 7"</b>	<b>4/21/2012</b>

Warrior Track Classic  
Co-Ed Invitational  
Saturday, April 18, 2020

School Name \_\_\_\_\_

Coach's Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-Mail \_\_\_\_\_

Please check one:

\_\_\_\_\_ Yes, we will participate in the Warrior Track Classic

\_\_\_\_\_ No, we won't be participating, but keep us on the mail list

\_\_\_\_\_ No, we won't be participating, please remove from mail list

Please mail intention sheet with check payable to Niskayuna High School Booster Club to:

Niskayuna HS  
Jason DeRocco  
1626 Balltown Road  
Niskayuna, NY 12309

EMAIL: [jderocco@niskyschools.org](mailto:jderocco@niskyschools.org)

PLEASE MAIL OR E-MAIL THIS FORM WITH PROPER PAYMENT BY  
APRIL 20, 2017.

Fees:

Warrior Track Classic only:      Coed \$200              Single Gender \$140

Classic and Medley Relays:      Coed \$250              Single Gender \$170